

# Domestic and Family Violence Training

## DFV Awareness Training

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|---------------------|----------------------|
| <b>Duration</b>     | 2 Hours              |
| <b>Delivery</b>     | In person and online |
| <b>Participants</b> | 50 pax               |
| <b>Suitable</b>     | All staff            |

Our DFV Awareness Training, designed to empower staff with the knowledge and skills to support colleagues and respond to disclosures.

This interactive session goes beyond the basics, diving into practical ways to recognise warning signs, receive disclosures safely, and provide appropriate support.

We also explore the role we all play in preventing the disrespectful attitudes and behaviors that contribute to domestic violence.

Through activities, group discussions, and hands-on learning, participants will gain the confidence to take proactive steps in fostering a safer, more supportive workplace.

### What is covered:

- Confidently recognise signs of DFV in the workplace.
- Safely receive and respond to disclosures of DFV from colleagues.
- Understand the connection between disrespect and DFV, and how to prevent it.
- Develop practical strategies for supporting affected colleagues.
- Engage in meaningful discussions on creating a safer, more respectful workplace.
- Clarify the role of staff in fostering a supportive and proactive environment.
- Understand the limits of your role and the importance of professional intervention.

