

Domestic and Family Violence Training

Introduction to FDV

Duration	45 mins
Delivery	In person or online
Participants	up to 1000 pax
Suitable	All staff

Our Introduction to Domestic and Family Violence session provides a concise and engaging overview of domestic and family violence (FDV).

Designed as a foundational session, participants are introduced to the gendered nature of violence, the drivers of domestic and family violence, and the ways abuse can present. The session also explores why domestic and family violence matters in the workplace and introduces a simple framework for recognising concerns and responding appropriately.

This session is an excellent first step for organisations beginning their workplace prevention journey.

What is covered:

- Understand what domestic and family violence is, and the different forms of abuse.
- Explore the gendered drivers of violence and why prevention matters.
- Recognise the impact of domestic and family violence on individuals and workplaces.
- Identify common indicators that a colleague may be experiencing domestic and family violence.
- Learn a simple framework to recognise, respond and refer someone to appropriate support.
- Understand workplace leave entitlements and supports.

